



Physicians Network Medical Group, Inc.



Benefits Administration

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AdventistHealth.org

## \$0 Copay for Select Maintenance Medications

PPO Plan members pay \$0 copay for generic maintenance medications used to treat asthma, depression, diabetes, heart disease/high blood pressure, and high cholesterol when filled through Optum Home Delivery. Tier 2 (preferred brand) vial insulins and blood glucose testing supplies are also included!

Please note that while individual ingredients are listed, generic tablets that combine any of the following ingredients are also covered when available. For example, glipizide 5 mg plus metformin 500 mg is available as a single tablet containing both ingredients. Generic versions of this combination tablet are included in the \$0 copay program.

Asthma		
<ul style="list-style-type: none"> <li>Albuterol nebulizer solution</li> <li>Budesonide nebulizer solution</li> </ul>	<ul style="list-style-type: none"> <li>Cromolyn nebulizer solution</li> <li>Ipratropium/albuterol nebulizer solution</li> <li>Levalbuterol nebulizer solution</li> <li>Montelukast</li> </ul>	
Depression		
<ul style="list-style-type: none"> <li>Bupropion</li> <li>Citalopram</li> <li>Duloxetine</li> <li>Escitalopram</li> <li>Fluoxetine</li> </ul>	<ul style="list-style-type: none"> <li>Fluvoxamine</li> <li>Mirtazapine</li> <li>Paroxetine</li> <li>Sertraline</li> </ul>	<ul style="list-style-type: none"> <li>Trazodone</li> <li>Venlafaxine</li> </ul>
Diabetes		
<ul style="list-style-type: none"> <li>Acarbose</li> <li>Glimepiride</li> <li>Glipizide</li> <li>Glyburide</li> </ul>	<ul style="list-style-type: none"> <li>Metformin (for extended release versions, only generics for Glucophage XR are included)</li> <li>Nateglinide</li> <li>Pioglitazone</li> <li>Repaglinide</li> </ul>	<ul style="list-style-type: none"> <li>Tier 2 (preferred brand) insulin vials and blood glucose testing supplies <b><i>(please refer to OptumRx formulary document for brands covered)</i></b></li> </ul>
High Cholesterol		
<ul style="list-style-type: none"> <li>Atorvastatin</li> <li>Cholestyramine</li> <li>Colestipol</li> <li>Ezetimibe</li> <li>Fenofibrate</li> </ul>	<ul style="list-style-type: none"> <li>Fenofibric acid</li> <li>Fluvastatin</li> <li>Gemfibrozil</li> <li>Lovastatin</li> </ul>	<ul style="list-style-type: none"> <li>Niacin ER (Rx only)</li> <li>Pravastatin</li> <li>Rosuvastatin</li> <li>Simvastatin</li> </ul>

(see next page for heart disease/high blood pressure)

**Heart Disease/High Blood Pressure**

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| <ul style="list-style-type: none"><li>• Acebutalol</li><li>• Amiloride</li><li>• Amiodarone</li><li>• Amlodipine</li><li>• Atenolol</li><li>• Benazepril</li><li>• Betaxolol</li><li>• Bisoprolol</li><li>• Candesartan</li><li>• Captopril</li><li>• Carvedilol</li><li>• Chlorthalidone</li><li>• Clonidine</li><li>• Digoxin</li><li>• Diltiazem</li><li>• Doxazosin</li><li>• Enalapril</li></ul> | <ul style="list-style-type: none"><li>• Eplerenone</li><li>• Felodipine</li><li>• Fosinopril</li><li>• Furosemide</li><li>• Guanfacine</li><li>• Hydralazine</li><li>• Hydrochlorothiazide</li><li>• Indapamide</li><li>• Irbesartan,</li><li>• Isosorbide</li><li>• Isradipine</li><li>• Labetalol</li><li>• Lisinopril</li><li>• Losartan</li><li>• Metoprolol</li></ul> | <ul style="list-style-type: none"><li>• Nadolol</li><li>• Nifedipine</li><li>• Nitroglycerin patches</li><li>• Olmesartan</li><li>• Propranolol</li><li>• Quinapril</li><li>• Ramipril</li><li>• Sotalol</li><li>• Spironolactone</li><li>• Telmisartan</li><li>• Terazosin</li><li>• Triamterene</li><li>• Valsartan</li><li>• Verapamil</li></ul> |
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